

4-6 Oct 2019 **OPA Provincial Junior/Sub-Junior Championships**

3-Lift

Name	Club	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	D11	D12	D13	Total	IPF Points	Place
Quinn Danniels		F-SJR-U	56.52	57	87.5	95.5	100.0	52.5	55.0	57.5	125.0	135.0	-145.5	292.5	529.786	1
Kassandra Sydor	Dundas Valley Powerlifting	F-SJR-U	65.60	72	110.0	120.0	127.5	52.5	-57.5	57.5	122.5	132.5	140.5	325.5	552.048	1
Madeline Morgan	Dundas Valley Powerlifting	F-SJR-U	83.15	84	130.0	135.0	138.0	67.5	-70.0	-70.0	135.0	145.0	148.0	353.5	543.038	1
Wendy Liu	McMaster Barbell	F-JR-U	46.28	47	-85.0	85.0	90.0	47.5	50.0	52.5	100.0	107.5	-115.0	250.0	495.920	1
Tammy Hua	mcmaster barbell	F-JR-U	49.96	52	107.5	115.0	120.0	50.0	52.5	-55.0	127.5	137.5	-142.5	310.0	600.752	1
Caryn Kwai-pun	McMaster barbell	F-JR-U	50.49	52	100.0	102.5	107.5	50.0	52.5	-55.0	120.0	125.0	135.0	295.0	566.393	2
Alexandra Rakin		F-JR-U	50.54	52	95.0	102.5	-107.5	40.0	45.0	50.0	127.5	137.5	-145.0	290.0	555.803	3
Isabella Tremonte		F-JR-U	52.00	52	90.0	95.0	100.0	55.0	60.0	-62.5	115.0	122.5	130.0	290.0	547.509	4
Mei Lin Yu	McMaster Barbell	F-JR-U	50.93	52	95.0	100.0	105.0	42.5	45.0	-47.5	120.0	127.5	-135.0	277.5	527.952	5
Jessica Angelevski		F-JR-U	56.53	57	105.0	110.0	115.0	55.0	57.5	-60.0	152.5	161.5	165.5	338.0	616.459	1
Neeki Motabar	Afterburn Barbell	F-JR-U	56.82	57	117.5	-125.0	-125.0	70.0	72.5	-75.0	125.0	130.0	135.0	325.0	590.158	2
Kimberly Legaspi		F-JR-U	54.71	57	-110.0	110.0	117.5	45.0	50.0	52.5	125.0	137.5	142.5	312.5	577.329	3
Renee Levasseur		F-JR-U	56.71	57	95.0	105.0	107.5	60.0	65.0	-67.5	122.5	130.0	-132.5	302.5	547.941	4
Rachel Liu		F-JR-U	54.13	57	95.0	102.5	107.5	47.5	-50.0	50.0	102.5	110.0	115.0	272.5	502.028	5
Ulyana Goutor	McMaster Barbell	F-JR-U	56.25	57	107.5	115.0	120.0	52.5	55.0	-57.5	-110.0	-110.0	-110.0	0.0	-28.275	6
Serena Desantis		F-JR-U	62.49	63	145.0	-153.5	-158.5	67.5	70.0	72.5	147.5	157.5	167.5	385.0	670.860	1
Emilee Claessens	McMaster Barbell	F-JR-U	62.12	63	145.0	153.0	158.0	72.5	77.5	80.0	140.0	-145.0	145.0	383.0	669.233	2
Chantalle Cheung		F-JR-U	61.36	63	125.0	132.5	-137.5	70.0	75.0	-80.0	127.5	137.5	-145.0	345.0	604.602	3
Lizzy Roberts	Millennial Powerlifting Club	F-JR-U	61.34	63	112.5	117.5	120.0	65.0	70.0	72.5	135.0	140.0	142.5	335.0	586.610	4
Kylie Menard		F-JR-U	61.80	63	107.5	115.0	120.0	62.5	70.0	-72.5	-112.5	112.5	125.0	315.0	548.519	5
Sydney Bignucolo		F-JR-U	60.38	63	92.5	95.0	100.0	55.0	-60.0	-60.0	115.0	120.0	122.5	277.5	486.043	6
Naomi Lui-Hing		F-JR-U	61.71	63	92.5	97.5	105.0	47.5	52.5	55.0	97.5	105.0	110.0	270.0	467.804	7
Dina Abboud		F-JR-U	59.99	63	90.0	97.5	102.5	47.5	50.0	-52.5	102.5	110.0	115.0	267.5	469.131	8
Sonia Knowlton		F-JR-U	60.46	63	25.0	0.0	-	70.0	-75.0	-75.0	45.0	-	-	140.0	234.790	9
Nada Hassan		F-JR-U	71.42	72	155.0	165.0	170.0	100.0	110.0	120.0	180.0	197.5	202.5	492.5	807.801	1
Ginann Rabah	McMaster Barbell	F-JR-U	71.89	72	150.0	157.5	160.0	90.0	95.0	-100.0	155.0	162.5	-170.0	417.5	681.881	2
Alex Marshall		F-JR-U	68.68	72	125.0	132.5	140.0	70.0	72.5	75.0	142.5	152.5	157.5	372.5	620.359	3
Jannah McIntyre		F-JR-U	68.96	72	115.0	122.5	-130.0	75.0	77.5	-80.0	157.5	-165.0	167.5	367.5	610.789	4
Tori Paris		F-JR-U	70.88	72	115.0	122.5	-125.0	65.0	67.5	-70.0	155.0	-162.5	-162.5	345.0	566.018	5
Leah Vandeburgt	Millennial Powerlifting Club	F-JR-U	63.62	72	107.5	115.0	117.5	-57.5	60.0	67.5	120.0	127.5	137.5	322.5	554.499	6
Gracelynn Doogan	Vault Barbell Club	F-JR-U	81.50	84	150.0	160.0	167.5	72.5	77.5	80.0	140.0	155.0	162.5	410.0	634.139	1
Syd Greenberg		F-JR-U	83.99	84	110.0	115.0	117.5	65.0	-72.5	72.5	127.5	135.0	140.0	330.0	505.378	2
David Chu		M-SJR-U	65.88	66	167.5	177.5	-185.0	-95.0	95.0	100.0	192.5	205.0	212.5	490.0	561.695	1
Bassil Virk		M-SJR-U	64.20	66	160.0	-170.0	-170.0	85.0	90.0	-92.5	170.0	177.5	-182.5	427.5	489.618	2
Jacob Rahn		M-SJR-U	64.12	66	130.0	-137.5	140.0	87.5	92.5	-95.0	145.0	155.0	165.0	397.5	449.772	3
Quinn Baxter		M-SJR-U	69.02	74	180.0	190.0	200.0	110.0	117.5	-125.0	187.5	197.5	205.0	522.5	582.788	1
Christopher Palfrey		M-SJR-U	67.28	74	155.0	162.5	167.5	110.0	115.0	120.0	200.0	210.0	-217.5	497.5	562.055	2
Matthew Douvris		M-SJR-U	73.39	74	145.0	-157.5	-162.5	105.0	112.5	115.0	105.0	125.0	150.0	410.0	418.074	3
Adam Eigler		M-SJR-U	83.00	83	222.5	242.5	247.5	142.5	157.5	-165.0	225.0	250.0	265.0	670.0	675.979	1
Magnus Holmgren		M-SJR-U	79.71	83	172.5	180.0	187.5	100.0	107.5	-112.5	-180.0	185.0	187.5	482.5	476.779	2
Ryan Ward		M-SJR-U	74.70	83	-170.0	177.5	-182.5	122.5	132.5	-137.5	170.0	-185.0	-185.0	480.0	497.230	3
Anikin Kirkbride		M-SJR-U	112.66	120	225.0	240.0	253.0	110.0	120.0	-127.5	220.0	235.0	-240.0	608.0	498.144	1
Daniel Cheslo		M-JR-U	58.64	59	140.0	145.0	-147.5	110.0	115.0	-117.5	175.0	190.0	192.5	452.5	565.273	1
Darcy Ducharme		M-JR-U	57.40	59	187.5	-196.0	-196.0	90.0	-95.0	-95.0	165.0	172.5	-177.5	450.0	572.407	2
Camron Li	Band of Barbells	M-JR-U	65.22	66	185.0	195.0	202.5	110.0	-115.0	115.0	240.0	-247.5	-247.5	557.5	656.004	1
Jose Atienza	Ravens Powerlifting	M-JR-U	65.48	66	152.5	160.0	-162.5	85.0	-90.0	90.0	175.0	185.0	-200.0	435.0	491.574	2
Christian Ibanez		M-JR-U	73.24	74	240.0	-250.0	-250.0	160.0	167.5	-173.0	270.0	280.0	292.5	700.0	774.956	1
Blake Barrett		M-JR-U	73.54	74	222.5	235.0	242.5	135.0	142.5	147.5	265.0	280.0	-292.5	670.0	735.917	2
Ian Buck	Brock Barbell	M-JR-U	73.55	74	210.0	220.0	227.5	130.0	135.0	-140.0	250.0	262.5	-275.0	625.0	680.722	3
Luke Birmingham	Band of Barbells	M-JR-U	73.81	74	240.0	-250.0	-250.0	117.5	122.5	-127.5	242.5	-252.5	-252.5	605.0	654.525	4
Conal Nicholls	McMaster Barbell	M-JR-U	73.16	74	220.0	230.0	235.0	115.0	122.5	125.0	230.0	242.5	-245.0	602.5	655.724	5
Joseph Balasundaram	McMaster Barbell	M-JR-U	72.14	74	-195.0	200.0	-207.5	-127.5	127.5	-132.5	-235.0	235.0	-240.0	562.5	612.955	6
Mitchell Cooke	McMaster Barbell	M-JR-U	72.83	74	175.0	182.5	187.5	127.5	135.0	-137.5	220.0	230.0	-240.0	552.5	596.275	7
Daniel Mason		M-JR-U	72.56	74	195.0	207.5	212.5	125.0	-132.5	-135.0	195.0	210.0	-212.5	547.5	591.757	8
Risley Tang	Band of Barbells	M-JR-U	72.98	74	-175.0	175.0	-185.0	110.0	117.5	-122.5	222.5	235.0	-245.0	527.5	564.579	9
Adam Jansson		M-JR-U	80.40	83	-240.0	240.0	250.0	160.0	-167.5	170.0	272.5	282.5	295.0	715.0	742.975	1
Edwin Castillo		M-JR-U	80.09	83	222.5	235.0	245.0	-132.5	132.5	137.5	260.0	275.0	295.0	677.5	701.429	2
Andi Boka		M-JR-U	82.67	83	215.0	225.0	-235.0	177.5	-185.5	185.5	245.0	260.0	265.0	675.5	684.072	3
Jose Wilson		M-JR-U	81.61	83	247.5	255.0	-260.0	142.5	150.0	155.0	247.5	-260.0	-265.0	657.5	669.473	4
Andrew Kogay	McMaster Barbell	M-JR-U	82.78	83	220.0	230.0	235.0	150.0	-155.0	155.0	235.0	245.0	250.0	640.0	643.081	5
Andrew Brown		M-JR-U	81.82	83	210.0	-220.0	227.5	127.5	132.5	-137.5	252.5	262.5	272.5	632.5	639.658	6
Kareem Baassiri	McMaster Barbell	M-JR-U	81.41	83	215.0	225.0	232.5	117.5	125.0	-127.5	240.0	-252.5	-255.0	597.5	601.669	7
Kyle Graham		M-JR-U	77.45	83	212.5	225.0	237.5	112.5	125.0	-127.5	217.5	222.5	0.0	585.0	608.411	8
Kevin Min	Western Strength	M-JR-U	80.42	83	185.0	195.0	205.0	117.5	122.5	127.5	230.0	-252.5	252.5	585.0	592.366	9
Thomas Ryan		M-JR-U	81.54	83	187.5	197.5	-207.5	125.0	132.5	135.0	227.5	242.5	-245.0	575.0	575.176	10
Ilja Novickij		M-JR-U	81.85	83	165.0	177.5	190.0	115.0	117.5	125.0	190.0	215.0	-230.0	530.0	522.122	12
Jonah Ren	Band of Barbells	M-JR-U	81.82	83	182.5	190.0	195.0	120.0	130.0	-135.0	205.0	-220.0	-227.5	530.0	522.257	11
Anthony Persia		M-JR-U	91.68	93	220.0	235.0	237.5	152.5	165.0	-167.5	240.0	257.5	265.0	667.5	630.227	1
Matt Lewis	Brock Barbell	M-JR-U	92.98	93	-220.0	220.0	235.0	140.0	145.0	147.5	220.0	232.5	240.0	622.5	576.727	2
Mohammed Darrat	Ravens Powerlifting	M-JR-U	91.61	93	220.0	227.5	235.0	132.5	137.5	142.5	220.0	-232.5	232.5	610.0	568.923	3
Priyan Menon	Ravens Powerlifting	M-JR-U	90.30	93	197.5	-205.0	207.5	-140.0	140.0	-145.0	242.5	252.5	-262.5	600.0	563.524	4
Brandon Bruinsma	QU Powerlifting	M-JR-U	91.43	93	195.0	205.0	212.5	117.5	125.0	130.0	215.0	230.0	250.0	592.5	550.883	5
Johnathan Asselstine	Western Strength	M-JR-U	91.53	93	185.0	200.0	215.0	130.0	137.5	142.5	207.5	230.0	-262.5	587.5	545.127	6
Chris Valenzuela	Band of Barbells	M-JR-U	88.70	93	197.5	210.0	215.0	97.5	102.5	-105.0	220.0	235.0	-245.0	552.5	518.394	7
Joven Mingala	Band of Barbells	M-JR-U	85.47	93	210.0	-225.0	-227.5	115.0	-125.0	-125.0	195.0	207.5	0.0	532.5	509.342	8
Jordan Donato	QU Powerlifting	M-JR-U	104.00	105	26											